

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jun 2, 2025 thru Jun 6, 2025

Elementary Summer Breakfast

Generated on: 5/30/2025 7:50:35 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/02/2025																
Elementary Summer Breakfa	Total	3200														
Croissant,Sausage & Cheese '25	1 Each	3200	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	5.43	0.16
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	3199	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			373	41	613	2.62	1.74	370.1	1197	1.84	29	20.49	45.79	11.62	5.57	0.16
% of Calories											30.7%	22.0%	49.1%	28.0%	13.4%	0.4%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 06/03/2025																
Elementary Summer Breakfa	Total	3200														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	3200	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
Cralsins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Cralsins	1/4 Cup	3199	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			503	26	448	4.61	1.92	232.1	1093	0.06	63	13.11	91.71	9.49	3.12	0.00
% of Calories											49.8%	10.4%	72.9%	17.0%	5.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Portion Values - Detailed

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Jun 2, 2025 thru Jun 6, 2025

Elementary Summer Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Wed - 06/04/2025																
Elementary Summer Breakfa	Total	3200														
Cluster Brk, Whole Grain '22	1 EACH	3200	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	1	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	3199	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			440	6	411	3.00	2.70	489.4	3039	30.00	48	13.06	72.62	10.16	2.59	0.00
% of Calories											43.4%	11.9%	66.0%	20.8%	5.3%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 06/05/2025																
Elementary Summer Breakfa	Total	3200														
Yogurt, Straw w/crack-DW '24	Serv (8oz , 2G)	3200	400	5	385	4.00	4.00	589.5	60	0.0	41	7.99	79.97	6.0	1.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	3199	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			551	11	592	4.41	4.13	805.3	1075	1.84	67	16.35	107.48	6.32	1.15	0.00
% of Calories											48.8%	11.9%	78.1%	10.3%	1.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jun 2, 2025 thru Jun 6, 2025

Elementary Summer Breakfast

Generated on: 5/30/2025 7:50:35 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 06/06/2025																
Elementary Summer Breakfa	Total	3200														
BANA CHOC-CHUNKY MONKE	1 EACH	3200	280	15	220	3.00	1.80	20.0	115	0.0	23	5.0	48.0	8.0	3.00	0.00
Y 2013																
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	3199	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			434	21	426	5.00	1.98	239.4	1134	123.60	48	13.06	75.62	8.16	3.09	0.00
% of Calories											44.0%	12.0%	69.7%	16.9%	6.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			460	21	498	3.93	2.49	427.3	1507	31.47	51	15.21	78.65	9.15	3.11	0.03
											99.3%	13.2%	68.4%	17.9%	6.1%	0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	460		350 - 500	100%				
Cholesterol (mg)	21							
Sodium 1 (mg)	498		540	92%				
Fiber (g)	3.93							
Iron (mg)	2.49							
Calcium (mg)	427.3							
Vitamin A (IU)	1507							
Sugars (g)	51	44.13%						
Vitamin C (mg)	31.47							
Protein (g)	15.21	13.22%						
Carbohydrate (g)	78.65	68.36%						
Total Fat (g)	9.15	17.89%	<=30.00%					
Saturated Fat (g)	3.11	6.07%	<10.00%					
Trans Fat ¹ (g)	0.03	0.06%						

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jun 9, 2025 thru Jun 13, 2025

Elementary Summer Breakfast

Generated on: 5/30/2025 7:50:59 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/09/2025																
Elementary Summer Breakfa	Total	3200														
BAR, DOUBLE CHOC CHIP	1 EACH	3200	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	3199	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			421	6	437	5.41	2.83	235.8	1120	1.84	47	13.35	75.51	8.32	2.65	0.00
% of Calories											44.8%	12.7%	71.8%	17.8%	5.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Tue - 06/10/2025																
Elementary Summer Breakfa	Total	3200														
CEREAL,LUCKY CHARMS '23	BOWL	3200	218	0	358	3.36	3.02	84.0	420	5.04	18	4.48	46.48	2.24	0.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	3199	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			428	6	566	5.99	3.29	298.4	1453	13.83	50	13.64	89.17	2.73	0.21	0.00
% of Calories											46.2%	12.7%	83.3%	5.7%	0.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Jun 9, 2025 thru Jun 13, 2025

Base Menu Spreadsheet

Elementary Summer Breakfast

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 06/11/2025																
Elementary Summer Breakfa	Total	3200														
Concha, WG PINK-'24	1 EACH	3200	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	3199	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			359	11	296	3.93	1.80	249.4	1042	0.00	33 37.3%	13.06 14.6%	63.26 70.6%	6.16 15.5%	1.59 4.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 06/12/2025																
Elementary Summer Breakfa	Total	3200														
Cinnamon Swirls, WG 2024	Serving	3200	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	3199	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			451	16	332	3.41	0.49	715.5	1015	1.84	48 42.7%	14.35 12.7%	75.49 67.0%	9.31 18.6%	2.64 5.3%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

Jun 9, 2025 thru Jun 13, 2025

Base Menu Spreadsheet

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 06/13/2025																
Elementary Summer Breakfa	Total	3200														
FRENCH TOAST BAR-2018	1 EACH	3200	290	25	200	3.00	1.80	40.0	105	0.0	21	5.0	47.0	9.0	2.50	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	3199	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			503	31	408	4.61	1.92	252.1	1088	0.06	62 49.0%	13.11 10.4%	91.71 72.9%	9.49 17.0%	2.62 4.7%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			432	14	408	4.67	2.07	350.2	1144	3.51	48 99.9%	13.50 12.5%	79.03 73.1%	7.20 15.0%	1.94 4.0%	0.00 0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	432		350 - 500	100%				
Cholesterol (mg)	14							
Sodium 1 (mg)	408		540	76%				
Fiber (g)	4.67							
Iron (mg)	2.07							
Calcium (mg)	350.2							
Vitamin A (IU)	1144							
Sugars (g)	48	44.40%						
Vitamin C (mg)	3.51							
Protein (g)	13.50	12.49%						
Carbohydrate (g)	79.03	73.12%						
Total Fat (g)	7.20	14.99%						
Saturated Fat (g)	1.94	4.04%						
Trans Fat ¹ (g)	0.00	0.00%						

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Portion Values - Detailed

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Jun 16, 2025 thru Jun 20, 2025

Elementary Summer Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/16/2025																
Elementary Summer Breakfa	Total	3200														
BREAD,BANANA K-5 OG	1/2 Slice	3200	311	31	166	3.43	1.02	26.2	70	2.94	*27	3.96	45.76	14.21	1.30	*0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	3199	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			462	36	373	3.84	1.16	242.0	1085	4.78	*54	12.31	73.28	14.53	1.45	*0.00
% of Calories											*46.4%	10.7%	63.4%	28.3%	2.8%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 06/17/2025																
Elementary Summer Breakfa	Total	3200														
Waffles, Vanilla	pkg	3200	271	17	226	2.26	0.00	9.0	68	0.0	14	5.65	37.27	10.17	2.82	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	3199	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			481	23	433	4.88	0.26	223.5	1101	8.79	45	14.81	79.96	10.65	3.03	0.00
% of Calories											37.1%	12.3%	66.5%	19.9%	5.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 06/18/2025																
Elementary Summer Breakfa	Total	3200														
UBR - BRKFST CINN ROUND	1 EACH	3200	280	5	190	6.29	0.68	29.8	8	0.01	19	5.0	44.0	8.0	3.00	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	1	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	3199	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jun 16, 2025 thru Jun 20, 2025

Elementary Summer Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			460	11	411	6.29	0.68	439.2	2977	30.01	53 45.8%	13.06 11.4%	78.62 68.4%	8.16 16.0%	3.09 6.1%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 06/19/2025																
Elementary Summer Breakfa HOLIDAY	Total SERVING	1 1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 06/20/2025																
Elementary Summer Breakfa Muffins, DBL ChocBuena Vista Crisps, Apple-Strawberry '22	Total 1 ea BAG (0.3 4 oz)	3200 3200 1	350 39	35 0	390 0	3.96 1.93	6.30 0.00	60.4 0.0	*N/A* 34	*N/A* 0.0	31 7	6.0 0.0	59.0 9.64	10.99 0.0	3.00 0.00	0.00 0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	3199	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			509	40	596	5.89	6.30	269.8	*1002	*0.00	56 44.3%	14.06 11.0%	88.27 69.4%	11.15 19.7%	3.09 5.5%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			478	27	453	5.23	2.10	293.6	*1541	*10.89	*52 *97.6%	13.56 11.3%	80.03 67.0%	11.12 20.9%	2.67 5.0%	*0.00 *0.0%
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Rialto Unified School District

Jun 16, 2025 thru Jun 20, 2025

Base Menu Spreadsheet

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcium (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	478		350 - 500	100%													
Cholesterol (mg)	27																
Sodium 1 (mg)	453		540	84%													
Fiber (g)	5.23																
Iron (mg)	2.10																
Calcium (mg)	293.6																
Vitamin A (IU)	1541																
Sugars (g)	52	43.37%			Missing												
Vitamin C (mg)	10.89				Missing												
Protein (g)	13.56	11.35%			Missing												
Carbohydrate (g)	80.03	66.98%															
Total Fat (g)	11.12	20.94%															
Saturated Fat (g)	2.67	5.02%	<=30.00%														
Trans Fat ¹ (g)	0.00	0.00%	<10.00%		Missing												

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Jun 23, 2025 thru Jun 27, 2025

Elementary Summer Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/23/2025																
Elementary Summer Breakfa	Total	3200														
Donut, Super Bakery '22	1 EACH	3200	250	5	250	0.50	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	3199	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			401	11	457	0.91	5.53	415.8	3015	31.84	41	13.35	56.51	11.32	3.15	0.00
% of Calories											41.1%	13.3%	56.4%	25.4%	7.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Tue - 06/24/2025																
Elementary Summer Breakfa	Total	3200														
Cinnis, Mini	1 EACH	3200	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
APPLES,Fresh sliced	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	3199	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			394	6	476	4.00	1.62	259.4	1094	123.60	40	13.06	66.62	7.16	1.59	0.00
% of Calories											40.3%	13.3%	67.6%	16.3%	3.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

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Portion Values - Detailed

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Elementary Summer Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 06/25/2025																
Elementary Summer Breakfa	Total	3200														
POP TARTS,Wh.Gr Strawberry-'24	PKG. of (2 ea)	3200	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	75.0	4.5	2.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	3199	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			570	6	567	8.63	3.86	414.4	2033	8.79	61	13.16	117.69	4.99	2.21	0.00
% of Calories											42.8%	9.2%	82.6%	7.9%	3.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 06/26/2025																
Elementary Summer Breakfa	Total	3200														
Muffins, Banana-Buena Vista 22	1 ea	3200	230	20	200	2.00	1.80	20.0	80	0.0	16	4.0	39.0	7.0	1.00	0.00
Craisins	1/4 Cup	1	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
Craisins	1/4 Cup	3199	93	0	2	1.61	0.12	2.7	14	0.06	22	0.05	25.09	0.33	0.03	0.00
MILK,1% DW 2024	EACH(1/2 pint)	200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			443	26	408	3.61	1.92	232.1	1063	0.06	57	12.11	83.71	7.49	1.12	0.00
% of Calories											51.1%	10.9%	75.5%	15.2%	2.3%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

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Rialto Unified School District

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Portion Values - Detailed

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Jun 23, 2025 thru Jun 27, 2025

Elementary Summer Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 06/27/2025																
Elementary Summer Breakfa	Total	5000														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	5000	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	4999	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			449	29	426	4.93	1.80	280.0	944	0.00	46	13.40	74.24	10.00	3.60	0.00
% of Calories											40.8%	11.9%	66.2%	20.1%	7.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			451	15	467	4.41	2.95	320.3	1630	32.86	49	13.02	79.76	8.19	2.33	0.00
											97.4%	11.5%	70.7%	16.3%	4.7%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	451		350 - 500	100%				
Cholesterol (mg)	15							
Sodium 1 (mg)	467		540	86%				
Fiber (g)	4.41							
Iron (mg)	2.95							
Calcium (mg)	320.3							
Vitamin A (IU)	1630							
Sugars (g)	49	43.31%						
Vitamin C (mg)	32.86							
Protein (g)	13.02	11.54%						
Carbohydrate (g)	79.76	70.69%						
Total Fat (g)	8.19	16.33%	<=30.00%					
Saturated Fat (g)	2.33	4.65%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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